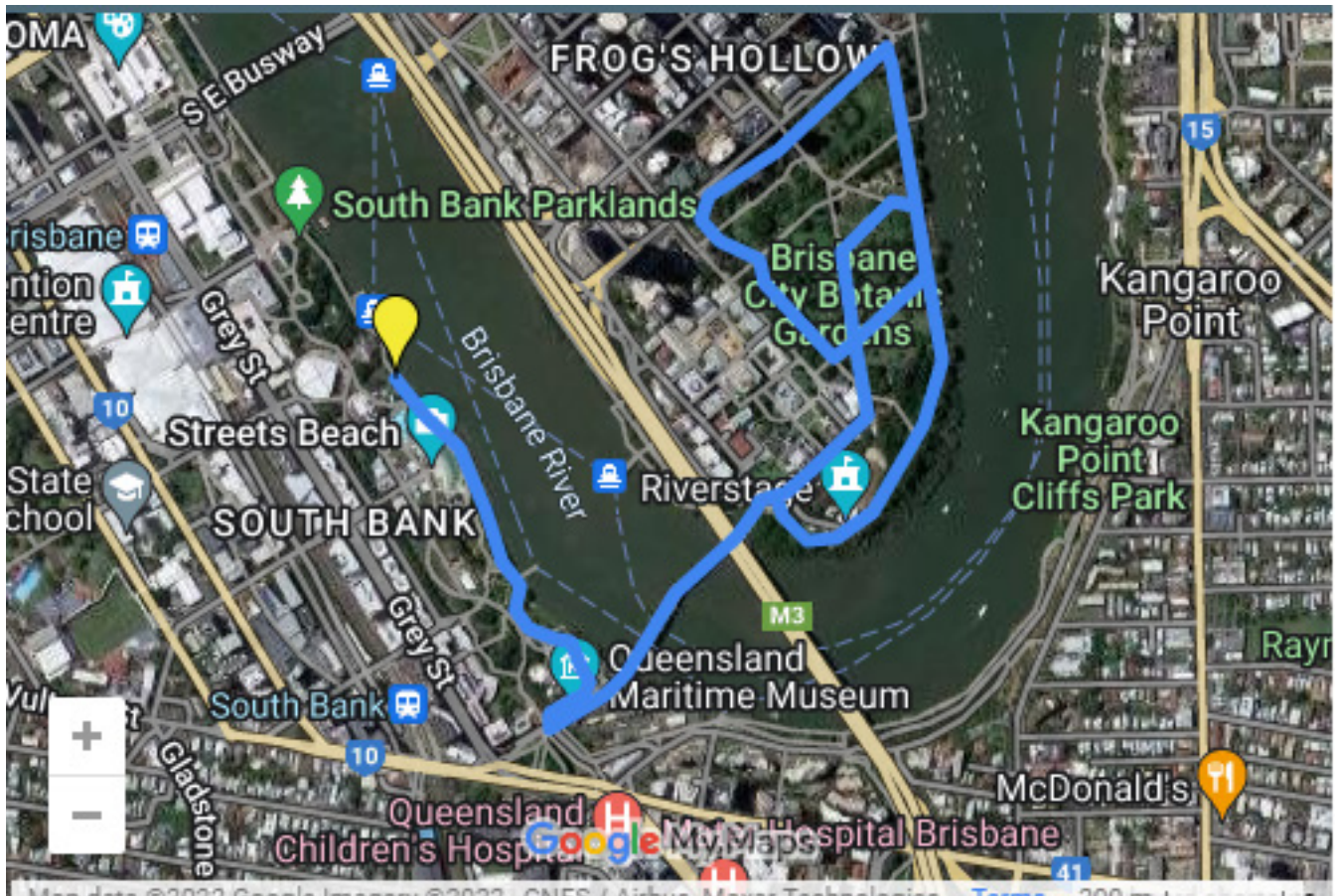


Brisbane Q-Fit Run/Walk Course

Run/Walk Course Map



Q-Fit will be using the Southbank Park Run 5km course. Map and course description can be found [here](#).

Kick off at 8:30am, at Southbank Riverside Green.

Course Description

The course starts at the Riverside Green and heads south along the Clem Jones Promenade towards the Goodwill Bridge. Cross the Goodwill Bridge, then head straight up towards QUT and into the Botanic Gardens along Central Path. Turn right towards the River, then complete a series of left turns for a small loop inside the Botanic Gardens before going clockwise around the perimeter of the gardens, then back on to Bunya Walk and back towards the Goodwill Bridge. Cross back over the bridge then back along the promenade, finishing back at Riverside Green.